### Making a

### TEXAS A&M GRILIFE EXTENSION

## Difference Tyler County

### Extension Newsletter for Commissioners Court

Overview of major programming efforts of: FCH County Agent, <u>Kelly Jobe</u> for the month of <u>June 2019</u>:

Monday, June 3rd - Car Seat Installations, County Extension Office 10am-12pm

Tuesday, June 4th - Curriculum writing for 4-H Explorer Guides, in office

Wednesday, June 5th -County/State Report Writing, in office

Thursday, June 6th - Elected Official's Luncheon, County Extension Warehouse

Mon-Fri., June 10th-14th- 4-H State Round Up, College Station

Wed-Fri., June 19th-21st - "Kids in the Kitchen" Cooking Camp (12 Participants)

"Healthy Cooking Class-Youth" (3 Participants)

Thursday, June 27th-"Fresh Start To a Healthier You" cooking class 8:30-4pm (4 graduates)

### Highlights for the Month

### Kids in the Kitchen/ Healthy Kids Cooking Camps



Team Fruits/Veggies: dish - "Some Tacos"



Team Grains: dish – "Every Mexican Dish"



Team Proteins: dish -"Build Your Own Spicy"



The Healthy Ladies: dish - "Texas Fiesta"

# Fresh Start to A Healthier You Learning How to Cook Healthy and on a Budget for College Life



### Kelly Jobe, CEA-FCH-June 2019 efforts continued

**Educational Programs: (4)** 

Total Contacts - approx. 300

At Educational Events -21

Other Contacts - approx. 280

### Media Outreach:

#### **Face Book Pages**

Tyler County Agrilife Extension-11 posts; 7,359 direct contacts; 2644 indirect contacts: 669 likes Tyler County 4-H - 6 posts; 2,076 direct contacts; 1,812 indirect contacts: 346 likes

#### News -

Agents' Advice Newsletter - Printed/Distributed: 0 emailed: 0 mailed: 0

Also, Posted on Facebook page and website this month

4-H Newsletter - flyers - Mass emails- 194 sent; Personal Contacts- 100

People Reached-1,000

Tyler County Booster- 4 Article(s) - 2,467 Subscribers 5,000 printed copies

### **Personal Contacts**

Emails: Approx. 500

Phone Calls: 15

Office Conferences: 3

#### Miles Traveled

In-County: 160 miles

Out-County: 400 miles

### Volunteer Efforts:

Volunteers: 2

Volunteered: 6 hours (total)

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating